

FRASSATI 5K RUN/WALK AND KIDS/FAMILY ½ MILE FUN RUN/WALK

Runner Checklist:

BEFORE RACE DAY:

- Packet pick up and in-person registration at school September 17-20
 - Tuesday-Thursday 8:00 AM – 4:00 PM
 - Friday 8:00 AM – 5:40 PM
- Stay hydrated!

RACE DAY:

- Arrive early to find parking on streets!
- Bring water bottle or sports drink.
- Remember to wear your bib and don't tear it!
- Bring cash/check for food and prize tickets!
 - Brat Meal Ticket \$4.00, Hot Dog Meal Ticket \$3.00, Pop \$1.00
 - Bonker Ball \$7.00
 - Raffle Tickets \$5.00 or 3 for \$10.00
- Place your raffle tickets in buckets for chance to win prize of choice!

Each registered participant receives 1 ticket in their race packet, and may buy more at the race.

5:30 PM Free Youth Obstacle Course & Bear Power Activities

5:40 PM Packet Pickup Closes and Prayer/Blessing by Fr. Talbot

5:45 PM National Anthem

6:00 PM 1/2 Mile Kid/Family Run/Walk Starts

6:15 PM 5K Run/Walk Starts

7:15 PM Race Awards Begin (or as soon as results are confirmed)

7:45 PM Raffle Prizes Pulled ****You must be present to collect prize****

For safety concerns, no registered runners are allowed on bicycles on the course.

Registered runners/walkers may push strollers.

Thank you for your support!