

Lunch	\$3.60
Milk	\$0.60

Frassati Catholic Academy

Lunch - May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
30 Chicken Bites Alfredo Noodles Garlic Toast Caesar Salad Baby Carrots Sliced Oranges Chilled Mixed Fruit	1 Macaroni & Cheese & Whole Grain Roll Baked Beans Salad Greens Celery Sticks Fresh Pineapple Chilled Applesauce	2 Cheesy Crazy Bread w/ Marinara Sauce Garden Green Beans Jicama Sticks Cucumber Slices Fresh Pear Fruit Slushie	3 Fiestada Pizza Sweet Corn Taco Salad Grape Tomatoes Bell Pepper Strips Banana Sweet Strawberry Cup	4 Chicken Smackers Mashed Potatoes & Gravy Salad Greens Baby Rainbow Carrots Fresh Apple Chilled Peaches
7 Whole Grain Pasta w/ Meat Sauce and Garlic Toast Steamed carrots Caesar Salad Celery Sticks Fresh Melon Slices Chilled Pears	8 Omelet w/Colby Cheese & Mini Maple Pancakes Tri Tater Salad Greens Fresh Broccoli Sliced Oranges Sweet Strawberry Cup	9 Orange Chicken w/ Brown Rice Edamame Salad Greens Jicama Sticks Fresh Pear Chilled Mandarin Orange/Pineapple Cup	10 Nachos w/Beef or Refried Beans Cheese Sauce Tortilla Scoops Sweet Corn Black Bean Salad Shredded Lettuce Fresh Tomatoes Banana Chilled Applesauce	11 Hamburger Patty on Whole Grain Bun w/wo Cheese Slice Potato Smiles Salad Greens Baby Carrots Fresh Apple Chilled Peaches
14 Mini Corn Dogs Caesar Salad Baby Carrots V Blend Juice Fresh Sliced Oranges Sweet Strawberry cup Chocolate Chip Cookie	15 French Toast Sticks w/Syrup Assorted Yogurt Cups Tri Tater Salad Greens Cucumber Slices Fresh Kiwi Warm Cinnamon Apple Slices	16 Cheese Pizza Crunchers w/Marinara Sauce Oriental Salad Jicama Sticks Fresh Strawberries Chilled mixed fruit	17 Taco with Beef or Refried Beans Fiesta Beans Sweet Corn Shredded Lettuce Fresh Tomatoes Fresh Banana Chilled Peaches	18 Crunchy Chicken Strips & Breadstick Tomato Soup Salad Greens Fresh Cauliflower Fresh Apple Chilled Pears
21 Chicken Bites Alfredo Noodles Garlic Toast Caesar Salad Baby Carrots Sliced Oranges Sweet Strawberry Cup	22 Macaroni & Cheese & Whole Grain Roll Baked Beans Salad Greens Celery Sticks Fresh Pineapple Chilled Applesauce	23 Cheesy Crazy Bread w/ Marinara Sauce Garden Green Beans Jicama Sticks Cucumber Slices Fresh Pear Fruit Slushie	24 Fiestada Pizza Sweet Corn Try for 5 Super Slaw Grape Tomatoes Banana Sweet Strawberry Cup	25 Chicken Smackers Mashed Potatoes & Gravy Salad Greens Baby Carrots Fresh Apple Chilled Peaches
28 <p style="text-align: center;">No School</p>	29 Omelet w/Colby Cheese & Mini Maple Pancakes Tri Tater Salad Greens Fresh Broccoli Sliced Oranges Sweet Strawberry Cup	30 Orange Chicken w/ Brown Rice Edamame Salad Greens Jicama Sticks Fresh Pear Chilled Mandarin Orange/Pineapple Cup	31 Nachos w/Beef or Refried Beans Cheese Sauce Tortilla Scoops Sweet Corn Black Bean Salad Shredded Lettuce Fresh Tomatoes Banana Chilled Applesauce	1 Hamburger Patty on Whole Grain Bun w/wo Cheese Slice Potato Smiles Salad Greens Baby Carrots Fresh Apple Chilled Peaches

1%, skim white and skim chocolate milk served daily.

*This institution is an equal opportunity provider.