

Lunch \$3.60
Milk \$0.60

Frassati Catholic Academy Lunch - February 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken & Cheese Fiesta Roll Up Sweet Corn Taco Salad Grape Tomatoes Bell Pepper Strips Banana Chilled Mandarin Oranges & Pineapple	2 Chicken Smackers Mashed Potatoes & Gravy Salad Greens Baby Carrots Fresh Apple Chilled Peaches
5 Whole Grain Pasta w/ Meat Sauce and Garlic Toast Sliced Cooked Carrots Caesar Salad Celery Sticks Fresh Melon Slices Chilled Pears	6 Omelet w/Colby Cheese & Mini Maple Pancakes Tri Tater Salad Greens Fresh Broccoli Clementine Sweet Strawberry Cup	7 Orange Chicken w/ Brown Rice Edamame Salad Greens Jicama Sticks Fresh Pear Mandarin Oranges	8 Nachos w/Beef or Refried Beans Cheese Sauce Tortilla Scoops Sweet Corn Black Bean Salad Shredded Lettuce Fresh Tomatoes Banana Chilled Applesauce	9 French Bread Dunker w/ Marinara Sauce Potato Smiles Salad Greens Baby Carrots Fresh Apple Chilled Peaches
12 Mini Corn Dogs Caesar Salad Baby Carrots V Blend Juice Fresh Sliced Oranges Chilled Mixed Fruit Cup Chocolate Chip Cookie	13 French Toast Sticks w/Syrup Assorted Yogurt Cups Tator Tots Salad Greens Cucumber Slices Fresh Kiwi Warm Cinnamon Apple Slices	14 Cheese Pizza Crunchers w/Marinara Sauce Garden Green Beans Salad Greens Jicama Sticks Fresh Grapes Chilled Applesauce Jonny Pops	15 Taco with Beef or Refried Beans Fiesta Beans Sweet Corn Shredded Lettuce Fresh Tomatoes Fresh Banana Chilled Peaches	16 Toasted Cheese Sandwich Tomato Soup Salad Greens Fresh Cauliflower Fresh Apple Chilled Pears
19 No School	20 Macaroni & Cheese & Whole Grain Roll Baked Beans Salad Greens Celery Sticks Fresh Pineapple Chilled Applesauce	21 Cheesy Crazy Bread w/ Marinara Sauce Oriental Salad Jicama Sticks Cucumber Slices Clementine Apricot Cup	22 Chicken & Cheese Fiesta Roll Up Sweet Corn Taco Salad Grape Tomatoes Bell Pepper Strips Banana Chilled Mandarin Oranges & Pineapple	23 Cheese Pizza Mashed Potatoes & Gravy Salad Greens Baby Carrots Fresh Apple Chilled Peaches
26 Whole Grain Pasta w/ Meat Sauce and Garlic Toast Sliced Cooked Carrots Caesar Salad Celery Sticks Fresh Melon Slices Chilled Pears	27 Omelet w/Colby Cheese & Mini Maple Pancakes Local Roasted Yukon Potatoes Salad Greens Fresh Broccoli Clementine Sweet Strawberry Cup	28 Orange Chicken w/ Brown Rice Edamame Salad Greens Jicama Sticks Fresh Pear Mandarin Oranges	<div style="border: 1px solid red; padding: 5px; text-align: center;"> 1%, skim white and skim chocolate milk served daily. </div> <div style="border: 1px solid red; padding: 5px; text-align: center; margin-top: 10px;"> *USDA and WBLAS are equal opportunity employers and providers. </div>	