

Lunch \$3.60  
Milk \$0.60

## Frassati Catholic Academy Lunch - January 2018

<b>1</b>  <b>No School</b>	<b>2</b> <b>French Toast Sticks w/Syrup</b> Assorted Yogurt Cups Tater Tots Salad Greens Cucumber Slices Fresh Kiwi Warm Cinnamon Apple Slices	<b>3</b> <b>Cheese Pizza Crunchers w/Marinara Sauce</b> Garden Green Beans Salad Greens Jicama Sticks Fresh Grapes Chilled Applesauce	<b>4</b> <b>Taco with Beef or Refried Beans</b> Fiesta Beans Sweet Corn Shredded Lettuce Fresh Tomatoes Fresh Banana Chilled Peaches	<b>5</b> <b>Crunchy Chicken Strips &amp; Breadstick</b> Tomato Soup Baked Sweet Potato Tots Salad Greens Fresh Cauliflower Fresh Apple Chilled Pears
<b>8</b> <b>Mesquite Chicken Drumstick</b> Alfredo Noodles Garlic Toast Caesar Salad Baby Carrots Sliced Oranges Chilled Mixed Fruit	<b>9</b> <b>Macaroni &amp; Cheese &amp; Whole Grain Roll</b> Baked Beans Salad Greens Celery Sticks Fresh Pineapple Chilled Applesauce	<b>10</b> <b>Cheesy Crazy Bread w/ Marinara Sauce</b> Oriental Salad Jicama Sticks Cucumber Slices Fresh Pear Apricot Cup	<b>11</b> <b>Chicken &amp; Cheese Fiesta Roll Up</b> Sweet Corn Taco Salad Grape Tomatoes Jicama Sticks Banana Chilled Mandarin Oranges & Pineapple	<b>12</b> <b>Chicken Smackers</b> Mashed Potatoes & Gravy Salad Greens Baby Carrots Fresh Apple Chilled Peaches
<b>15</b>  <b>No School</b>	<b>16</b> <b>Omelet w/Colby Cheese &amp; Mini Maple Pancakes</b> Tri Tater Salad Greens Fresh Broccoli Sliced Oranges Sweet Strawberry Cup	<b>17</b> <b>Orange Chicken w/ Brown Rice</b> Edamame Salad Greens Jicama Sticks Fresh Pear Mandarin Oranges	<b>18</b> <b>Nachos w/Beef or Refried Beans</b> Cheese Sauce Tortilla Scoops Sweet Corn Black Bean Salad Shredded Lettuce Fresh Tomatoes Banana Chilled Applesauce	<b>19</b> <b>French Bread Dunker w/ Marinara Sauce</b> Local Honey Sriracha Roasted Butternut Squash Potato Smiles Salad Greens Fresh Apple Chilled Peaches
<b>22</b> <b>Mini Corn Dogs</b> Caesar Salad Baby Carrots V Blend Juice Fresh Sliced Oranges Chilled Mixed Fruit Cup Chocolate Chip Cookie	<b>23</b> <b>French Toast Sticks w/Syrup</b> Assorted Yogurt Cups Tater Tots Salad Greens Cucumber Slices Fresh Kiwi Warm Cinnamon Apple Slices	<b>24</b> <b>Cheese Pizza Crunchers w/Marinara Sauce</b> Garden Green Beans Salad Greens Jicama Sticks Fresh Grapes Chilled Applesauce	<b>25</b>  <b>No School</b>	<b>26</b>  <b>No School</b>
<b>29</b> <b>Mesquite Chicken Drumstick</b> Alfredo Noodles Garlic Toast Caesar Salad Baby Carrots Sliced Oranges Chilled Mixed Fruit	<b>30</b> <b>Macaroni &amp; Cheese &amp; Whole Grain Roll</b> Baked Beans Salad Greens Celery Sticks Fresh Pineapple Chilled Applesauce	<b>31</b> <b>Cheesy Crazy Bread w/ Marinara Sauce</b> Oriental Salad Jicama Sticks Cucumber Slices Fresh Pear Apricot Cup	<div style="border: 1px solid red; padding: 5px; margin: 5px auto; width: fit-content;">1%, skim white and skim chocolate milk served daily.</div> <div style="border: 1px solid red; padding: 5px; margin: 5px auto; width: fit-content;">*USDA and WBLAS are equal opportunity employers and providers.</div>	