

Lunch \$3.60
Milk \$0.60

Frassati Catholic Academy Lunch - November 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1%, skim white and skim chocolate milk served daily.</p> <p>*USDA and WBLAS are equal opportunity employers and providers.</p>		<p>1 Orange Chicken Brown Rice Edamame Salad Greens Jicama Sticks Fresh Pear Chilled Mandarin Oranges</p>	<p>2 Nachos w/ Beef or Refried Beans Scoops Tortilla Chips Cheese Sauce Sweet Corn Black Bean Salad Shredded Lettuce Fresh Tomatoes Banana Chilled Applesauce</p>	<p>3 All American Cheeseburger Potato Smiles Salad Greens Baby Carrots Fresh Local Apple Chilled Peaches</p>
<p>6 No School</p>	<p>7 French Toast Sticks w/Syrup Assorted Yogurt Cups Tater Tots Salad Greens Cucumber Slices Fresh Kiwi Warm Cinnamon Apples</p>	<p>8 Pizza Crunchers w/Marinara Sauce Local Squash Salad Greens Jicama Sticks Fresh Grapes Chilled Applesauce</p>	<p>9 Taco with Beef or Refried Beans Shredded Cheese Fiesta Beans Sweet Corn Lettuce Tomatoes Banana Chilled Peaches</p>	<p>10 Cheese Pizza Mashed Potatoes & Gravy Salad Greens Fresh Cauliflower Fresh Apple Chilled Pears</p>
<p>13 Chicken Drumstick Alfredo Noodles Garlic Toast Caesar Salad Baby Carrots Sliced Oranges Chilled Mixed Fruit</p>	<p>14 Macaroni & Cheese w/ Dinner Roll Baked Beans Salad Greens Celery Sticks Fresh Pineapple Chilled Applesauce</p>	<p>15 Roasted Sliced Turkey Fresh Baked Biscuit Mashed Potatoes & Gravy Glazed Carrots Fresh Jicama Cucumber Slices Dried Cranberries Fruit Salad w/ Whipped Topping</p>	<p>16 Chicken & Cheese Fiesta Roll Up Sweet Corn Taco Salad Grape Tomatoes Fresh Bell Peppers Banana Chilled Mandarin Oranges & Pineapple</p>	<p>17 Crunchy Chicken Strips with Breadstick Tomato Soup Salad Greens Baby Carrots Fresh Apple Chilled Peaches</p>
<p>20 No School</p>	<p>21 No School</p>	<p>22 No School</p>	<p>23 No School</p>	<p>24 No School</p>
<p>27 Whole Grain Pasta w/ Meat Sauce Parmesan Cheese Garlic Toast Steamed Carrots Caesar Salad Celery Sticks Fresh Sliced Melon Chilled Pears</p>	<p>28 Omelet w/Colby Cheese & Mini Maple Pancakes Tri Tater Salad Greens Fresh Broccoli Sliced Oranges Sweet Strawberry Cup</p>	<p>29 Orange Chicken Brown Rice Edamame Salad Greens Jicama Sticks Fresh Pear Chilled Mandarin Oranges</p>	<p>30 Nachos w/Beef or Refried Beans Scoops Tortilla Chips Cheese Sauce Sweet Corn Black Bean Salad Shredded Lettuce Fresh Tomatoes Banana Chilled Applesauce</p>	