Lunch	$3.60
Milk	$0.60

Frassati Catholic Academy
Lunch - December 2017

1%, skim white and skim chocolate milk served daily.

*USDA and WBLAS are equal opportunity employers and providers.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 French Bread Dunker w/ Marinara Sauce Potato Smiles Salad Greens Baby Carrots Fresh Apple Chilled Peaches
4 Mini Corn Dogs Caesar Salad Baby Carrots V Blend Juice Fresh Sliced Oranges Chilled Mixed Fruit Cup Chocolate Chip Cookie	**5** French Toast Sticks w/Syrup Assorted Yogurt Cups Tater Tots Salad Greens Cucumber Slices Fresh Kiwi Warm Cinnamon Apple Slices	**6** Cheese Pizza Crunchers w/Marinara Sauce Garden Green Beans Salad Greens Jicama Sticks Fresh Grapes Chilled Applesauce	**7** Taco with Beef or Refried Beans Fiesta Beans Sweet Corn Shredded Lettuce Fresh Tomatoes Fresh Banana Chilled Peaches	**8** Crunchy Chicken Strips & Breadstick Tomato Soup Local Orange-Cinnamon Sweet Potatoes Salad Greens Fresh Cauliflower Fresh Apple Chilled Pears
11 Mesquite Chicken Drumstick Alfredo Noodles Garlic Toast Caesar Salad Baby Carrots Sliced Oranges Chilled Mixed Fruit	**12** Macaroni & Cheese & Whole Grain Roll Baked Beans Salad Greens Celery Sticks Fresh Pineapple Chilled Applesauce	**13** Cheesy Crazy Bread w/ Marinara Sauce Oriental Salad Jicama Sticks Cucumber Slices Fresh Pear Apricot Cup Snowman Ice Cream Treat	**14** Chicken & Cheese Fiesta Roll Up Sweet Corn Taco Salad Grape Tomatoes Jicama Sticks Banana Chilled Mandarin Oranges & Pineapple	**15** Chicken Smackers Mashed Potatoes & Gravy Salad Greens Baby Carrots Fresh Apple Chilled Peaches
18 Whole Grain Pasta w/ Meat Sauce and Garlic Toast Sliced Cooked Carrots Caesar Salad Celery Sticks Fresh Melon Slices Chilled Pears	**19** Omelet w/Colby Cheese & Mini Maple Pancakes Tri Tater Salad Greens Fresh Broccoli Sliced Oranges Sweet Strawberry Cup	**20** Orange Chicken w/ Brown Rice Edamame Salad Greens Jicama Sticks Fresh Pear Mandarin Oranges	**21** Nachos w/Beef or Refried Beans Cheese Sauce Tortilla Scoops Sweet Corn Black Bean Salad Shredded Lettuce Fresh Tomatoes Banana Chilled Applesauce	**22** **No School**
25 **No School**	**26** **No School**	**27** **No School**	**28** **No School**	**29** **No School**