

Breakfast	\$2.50
Milk	\$0.60

Frassati Catholic Academy Breakfast - December 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 General Mills Cereal Bar Variety Fruit Choices
4 Nutrigrain Breakfast Bar Fruit Choices	5 Apple Jammer Stick Fruit Choices	6 Whole Grain Bagel w/Cream Cheese or Sunbutter Cup or Assorted Jelly Fruit Choices	7 Flavored Yogurt Mini Loaf Fruit Choices	8 Frosted Long John Fruit Choices
11 Breakfast Bread Fruit Choices	12 Breakfast Round Fruit Choices	13 Betty Crocker Breakfast Bar Fruit Choices	14 Assorted Breakfast Crunch Bars Fruit Choices	15 Assorted Benefit Breakfast Bars Fruit Choices
18 Oatmeal Breakfast Bar Fruit Choices	19 Assorted Muffin Loaf Fruit Choices	20 "Brekkie" Breakfast Round Fruit Choices	21 Strawberry Go Big Yogurt Fruit Choices	22 No School
25 No School	26 No School	27 No School	28 No School	29 No School

1%, skim white and skim
chocolate milk served daily.

*USDA and WBLAS are equal opportunity
employers and providers.

Cereal Choices
Cheerios
Kashi Go Lean
Mini Wheats
Chocolate Mini Wheats
Cinnamon Chex
Cinnamon Toast Crunch
Rice Chex
Raisin Bran