

FRASSATI 5K RUN/WALK AND KIDS/FAMILY FUN RUN

Raceday checklist:

- Arrive early!*
- Packet pick-up available Thurs. noon-4p.m. /Friday noon-4p.m. & 5:30p.m.*
- Carpool, or come early to find parking on streets*
- Bring cash/check for sweepstakes tickets \$5 or 3 for \$10*
- Bring cash/check for freewill donation for food \$5/person or \$20/family*
- Wear good shoes for running/walking, and comfortable athletic clothes*
- Stay hydrated! Bring water bottle or sports drink*
- CHECK IN FOR RACE, get bib, shirt and packet*
- TURN IN ADDITIONAL DONATIONS to registration table*
- BUY EXTRA SWEEPSTAKES TICKETS*
- Youth Obstacle Course open to kids starting at 5:30p.m.*
- Join us for the National Anthem sung by 7th graders Anna, Maddie and Coral!*
- Prayer/blessing by Fr. Talbot at 6:10p.m.*
- Kids/Family Fun Run at 6:15p.m.*
- 5K starts at 6:30p.m. (make sure you wear your bib!)*
- Cheer on runners and walkers!*
- Race awards and prize drawings will start at 7:15p.m. (must be present to win)*
- Celebrate! Enjoy food (freewill donation suggested), socialize, and drive home safely!*

Thank you for your support!