

Lunch \$3.60
Milk \$0.60

Frassati Catholic Academy Lunch - September 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 No School Labor Day	5 Mac & Cheese Breadstick Baked Beans Salad Greens Fresh Sugar Snap Peas Fresh Pineapple Chilled Applesauce	6 Stuffed Crust Pizza Edamame Salad Greens Jicama Sticks Fresh Pear Chilled Mandarin Oranges	7 Mini Corn Dogs Caesar Salad Baby Carrots V Blend Juice Fresh Sliced Oranges Chilled Mixed Fruit Chocolate Chip Cookie	8 Chicken Strips Breadstick Sweet Potato Puffs Salad Greens Corn Edamame Salad Fresh Cauliflower Baby Carrots Fresh Apple Chilled Pears
11 Popcorn Chicken Alfredo Noodles Garlic Toast Steamed Broccoli Caesar Salad Baby Carrots Sliced Oranges Chilled Mixed Fruit	12 BBQ Riblet on Bun Baked Beans Salad Greens Fresh Sugar Snap Peas Fresh Pineapple Chilled Applesauce	13 Teriyaki Chicken & Noodles Fresh Red/Green Peppers Asian Salad Cucumbers Fresh Pear Strawberry Mango Fruit Slushie	14 Chicken & Cheese Fiesta Roll Up Sweet Corn Taco Salad Grape Tomatoes Jicama Sticks Banana Mandarin Oranges & Pineapple Mix	15 Cheese Pizza Mashed Potatoes & Gravy Salad Greens Baby Carrots Fresh Apple Chilled Peaches
18 Whole Grain Pasta w/Meatballs and Marinara Sauce Parmesan Cheese Garlic Toast Steamed Carrots Caesar Salad Celery Sticks Sliced Oranges Chilled Pears	19 Omelet w/Colby Cheese & Mini Maple Pancakes Tri Tator Salad Greens Zucchini Sticks Fresh Sliced Melon Chilled Pineapple	20 Orange Chicken Brown Rice Edamame Salad Greens Jicama Sticks Fresh Pear Chilled Mandarin Oranges	21 Make Your Own Nachos w/Turkey/Beef or Refried Beans Tortilla Chips Cheese Sauce Refried Beans Sweet Corn Black Bean Salad Shredded Lettuce Fresh Tomatoes Fresh Banana Chilled Applesauce	22 Crispy Fish Sticks Fresh Baked Biscuit Potato Smiles Salad Greens Fresh Broccoli Fresh Apple Chilled Peaches
25 Mini Corn Dogs Caesar Salad Baby Carrots V Blend Juice Fresh Sliced Oranges Chilled Mixed Fruit Chocolate Chip Cookie	26 French Toast Sticks w/Syrup Assorted Yogurt Cups Tator Tots Salad Greens Cucumber Slices Fresh Kiwi Warm Cinnamon Apples	27 Pizza Crunchers w/Marinara Sauce Garden Green Beans Salad Greens Jicama Sticks Fresh Grapes Chilled Applesauce	28 Taco in a Bag: Tortilla Scoops w/Taco Meat or Fiesta Beans Shredded Cheddar Cheese Sweet Corn Fiesta Beans Shredded Lettuce Fresh Tomatoes Fresh Banana Chilled Peaches	29 French Bread Dunker w/Marinara Sauce Sweet Potato Puffs Salad Greens Corn Edamame Salad Fresh Cauliflower Baby Carrots Fresh Apple Chilled Pears
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> 1%, skim white and skim chocolate milk served daily. </div>				
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> *USDA and WBLAS are equal opportunity employers and providers. </div>				