

Breakfast	\$2.50
Milk	\$0.60

Frassati Catholic Academy Breakfast - September 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 No School Labor Day	5 Apple Jammer Stick Fruit Choices	6 Whole Grain Bagel w/Cream Cheese or Sunbutter Cup or Assorted Jelly Fruit Choices	7 Smoothie with Orange Mini Loaf Fruit Choices	8 Frosted Long John Fruit Choices
11 Breakfast Bread Fruit Choices	12 Breakfast Round Fruit Choices	13 Betty Crocker Breakfast Bar Fruit Choices	14 Assorted Breakfast Crunch Bars Fruit Choices	15 Assorted Benefit Breakfast Bars Fruit Choices
18 Oatmeal Breakfast Bar Fruit Choices	19 Assorted Muffin Loaf Fruit Choices	20 "Brekkie" Breakfast Round Fruit Choices	21 Yogurt Parfait w/Fruit Fruit Choices	22 General Mills Cereal Bar Variety Fruit Choices
25 Nutrigrain Breakfast Bar Fruit Choices	26 Apple Jammer Stick Fruit Choices	27 Whole Grain Bagel w/Cream Cheese or Sunbutter Cup or Assorted Jelly Fruit Choices	28 Smoothie with Orange Mini Loaf Fruit Choices	29 Frosted Long John Fruit Choices
1%, skim white and skim chocolate milk served daily.		Cereal Choices Cheerios Kashi Go Lean Mini Wheats Chocolate Mini Wheats Cinnamon Chex Cinnamon Toast Crunch Rice Chex Raisin Bran		

*USDA and WBLAS are equal opportunity employers and providers.