



**Join us for the inaugural Frassati 5K & Family Fun Run:
Friday Night, Sept. 22, 2017 5K 6:30p.m.; 1/2 mile 6:15p.m.**

4 Simple Steps to Join: Register-Raise-Recruit-Run!

1 Register:

- Online Registration required for all run/walk participants!
- **2 options:** Register as an individual(\$30) OR as a family(\$60) (Limit 6 per family)
Every pre-registered participant will receive a short sleeve performance wear t-shirt
REGISTER HERE www.frassati-wbl.org/frassati-5k
- If Registering as a FAMILY- Indicate a TEAM NAME.
- All registered participants will receive a raffle ticket to enter into raffle prize of their choice.

2 Raise

- Create a Razoo Team Page (optional) Razoo is an online fundraising platform that is simple to use and will allow you to fundraise using Social Media and email links. The great news is that we can also accept offline donations in the form of checks and cash- SO ANYONE can contribute in the way most convenient and comfortable for them. FCA hopes that this will help all families meet and even EXCEED their \$250 fundraising obligation for the fall fundraiser. You are also able to set the amount to \$500 for the annual family obligation**. www.razoo.com/team/2017frassati5k
- *When setting up your Razoo page- be sure to use your Team Name from Registration.*
- *ALL registration fees will be applied to the \$500 family fundraising responsibility.*

3 Recruit

- Know anyone who loves to run?? RECRUIT them to join our Frassati 5K as an individual. Share your TEAM NAME with them so they can enter it when registering! Their \$30 Registration Fee will be applied towards your fundraising-It's a WIN WIN!! There are lots of ways to recruit; Encourage them to visit our website, share our Facebook Event Page- or good ol' word of mouth works too!

4 Run

- JOIN THE FUN on FRIDAY SEPTEMBER 22nd!
- Registration opens at 5:30 p.m. and post race party/dinner/social event to follow. There will be a youth obstacle course brought to us by BearPower onsite for kiddos who aren't able to run the 5K. as well as a Kids/Family Fun Run at 6:15p.m.
- All Families who participate will receive 5 volunteer hours

This event raises crucial funds to support scholarships and operating costs for Frassati Catholic Academy while promoting health and community in White Bear Lake.

**Frassati 5k is replacing the Marathon Fall Fundraiser. Student service projects will continue in conjunction with our STREAM religion curriculum.*

***If your family raises the full \$500 fundraising requirement during the fall 5k; you will receive 4 tickets to the spring Gala.*



FRASSATI
CATHOLIC ACADEMY
STREAM

PRESCHOOL • ELEMENTARY • MIDDLE SCHOOL
4690 Bald Eagle Avenue
White Bear Lake

www.frassatiwbl.org

Register Now!

RAIN OR SHINE! REGISTER ONLINE TODAY AT:

www.frassati-wbl.org/frassati-5k



Church of St. Pius X

